

Infant Program

Come along and learn how to raise a healthy and active baby.

Find out what to feed your baby at different milestones from an experienced Dietitian.

The group will run every 3 months at important child growth stages.

- Each group you will get to:
- Have a chat
- Learn about child nutrition
- Play with your baby
- Have a healthy snack to give you ideas
- Have access to Facebook support group

Free

Call Benalla Health on (03) 5761 4500 to find out more.



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HEALTH